

Suncoast  
Sandpipers  
19651 Gulf Blvd.  
A-13  
Indian Shores  
FL33785



15 Great  
Walks in the  
Tampa Bay  
area and  
beyond...  
Everyone is  
welcome!

Belleair	1
Dunedin	
Historic Stroll	1
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Enjoy the Florida  
sunshine safely!

- Use sunscreen
- Wear hat/shades
- Carry water

These events are sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV) and count towards the acquisition of IVV Achievement Awards. The AVA or its subsidiary clubs are not responsible for theft or loss of personal belongings or property.



# Suncoast Sandpipers

## 2023 Year Round and Seasonal Events



### GENERAL INFORMATION

**Procedures for non-online start boxes:** Ask for walk box at start location; please be considerate of staff and patrons. Register, sign waiver & use start cards to return at finish. You can earn volkssport event and distance credit every time you complete course. Insert pages, water and rest rooms are at start points. Pets are not permitted on Honeymoon Island seasonal route but are on other events (sometimes with alternate routes) if leashed, with exception of beaches on Tarpon Springs/Howard Park route. See procedures for online start boxes for the Belleair-Largo, Dunedin Historical, Fort Myers, Punta Gorda, Sarasota, or St. Pete Murals walks in event description.

**Walk Fees:** If you are walking for volkssport (IVV) credit, fee is \$3 each day you do the event. You may walk twice for distance credit for same fee on same day (not Tampa 20K). If you don't want volkssport credit, non-IVV fee is \$2. Children under 12 (no credit) walk for FREE. There is no A award; B awards are 50¢; club pins are \$3.

**Payment:** Please pay by check made out to Suncoast Sandpipers. If you can't pay by check at the time of event, send payment to club address. Some monitors may provide envelopes to their home addresses.

**Special Programs:** The Sandpipers participate in the following programs (it is understood that all are eligible for Walking the United States—50 States):

**Airports (A)**

Great Lakes Great Fun, Great Fitness, Great Friendships (GL)

Mayflower—400<sup>th</sup> Anniversary Walk (M)

Par for the Course (PFC)

**Rails to Trails (RtT)**

Rocking Around the Clock (RaC)

Town/City Hall (TH)

Walking with America's Veterans (V)

Walking the USA A—Z (USA—Initial)

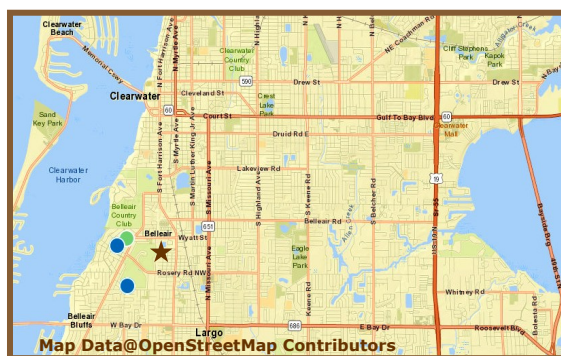
**Membership/Events Info:** To join the club (membership is free!) or see the latest on upcoming events, go to [suncoastsandpipers.org](http://suncoastsandpipers.org) or [facebook.com/suncoastsandpipers](https://facebook.com/suncoastsandpipers).

**Start & complete walks in daylight!**

### Belleair-Largo Stroll 5/10K/20K Year Round Walk 123514 2023/Y0969

**OSB:** This event has an online start box. Please go to [my.ava.org](http://my.ava.org) to register. You will need to establish an account, sign a waiver and download the instructions. After completing the walk, check in at online finish table. You will be sent a stamped insert card.

**Special Programs:** PFC, TH, USA—B, V.



#### Point of Contact

Alice Lawrence  
727-542-9742  
[Alicefennell@icloud.com](mailto:Alicefennell@icloud.com)

#### Year Round Dates

Jan 1-Dec 31, 2023

### Dunedin Historic Stroll 5/11K Year Round Walk 123515/2023 Y1992

**OSB:** This event has an online start box. Please go to [my.ava.org](http://my.ava.org) to register. You will need to establish an account, sign a waiver and download the instructions. After completing the walk, check in at online finish table. You will be sent a stamped insert card.

**Special Programs:** GL, PFC,

#### Point of Contact

Robin Kelly  
727-786-6694  
[ekelly1.2@verizon.net](mailto:ekelly1.2@verizon.net)

#### Year Round Dates

Jan 1-Dec 31, 2023

RaC, RtT, TH, USA—D, V.



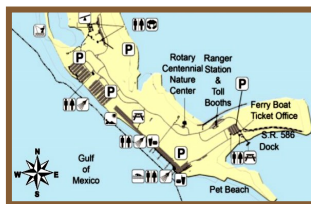
## Honeymoon Island (Dunedin) 5/10K Seasonal (Jan-Mar) Walk 123520 2023/Y1892

**Start/Finish:** Register at entry gate of Honeymoon Island State Park, #1 Causeway Blvd., Dunedin, FL, 727-469-5942. After registration, follow driving instructions to trail head at picnic area, about 1 mile away.

**Directions:** Take US 19 to SR 586/Causeway Blvd./Curlew Rd.; turn west (left if NB; right for SB; look for park signs) for 5 miles. Causeway Blvd. ends at Honeymoon Island State Park. Pay entrance fee and ask for walk box.

**Parking:** Picnic area.

**Time:** Park is open from 8 a.m. to sundown.



**Point of Contact**  
Robin Kelly  
727-786-6694  
ekelly1.2@verizon.net

**Seasonal Dates**  
Jan 1-Mar 31, 2023

**Trail:** The rated 1C (soft sand) routes go through a 407-acre island park on unpaved trail road, along sun-drenched Gulf beaches, mangrove swamps, and tidal flats with numerous species of plants and animals, including ospreys. About 50% of 10K walk is on the beach, 30% is shaded.

**Special Programs:** PFC, USA—D.



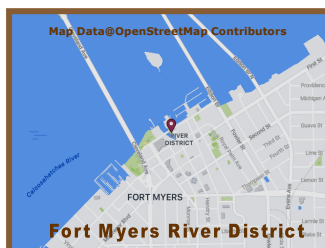
## Downtown Fort Myers 6/11 Year Round Walk

123516 2023/Y2887

**Because of damage due to Hurricane Ian, this YRE start is delayed until Apr 1**

**OSB:** This event has an online start box. Please go to my.ava.org to register. You will need to establish an account, sign a waiver and download the instructions. After completing the walk, check in at online finish table. You will be sent a stamped insert card.

**Special Programs:** M, RaC, USA—F, V.



**Point of Contact**  
Craig Bennington  
(239) 687-8333  
craigbennington@gmail.com

**Year Round Dates**  
Apr 1-Dec 31, 2023



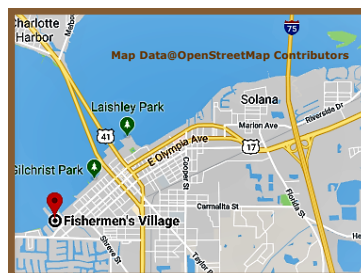
## Punta Gorda 6/10K Waterfront Walk

120404 2023/Y1589

**OSB:** This event has an online start box. Please go to my.ava.org to register. You will need to establish an account, sign a waiver and download the instructions. After completing the walk, check in at online finish table. You will be sent a stamped insert card.

**Special Programs:** PFC, RaC, USA—P, V.

**Point of Contact**  
Craig Bennington  
(239) 687-8333  
craigbennington@gmail.com



**Seasonal Dates**  
Jan 1-Jun 30, 2023

## St. Pete Murals 6/10K Year Round Walk

123522 2023/Y1143

**OSB:** This event has an online start box. Please go to my.ava.org to register. You will need to establish an account, sign a waiver and download the instructions. After completing the walk, check in at online finish table. You will be sent a stamped insert card.

**Special Programs:** PFC, RaC, RtT, USA—S.

**Sandpiper YREs**



**Point of Contact**  
Alice Lawrence  
727-542-9742  
pipers@tampabay.rr.com

**Year Round Dates**  
Jan 1-Dec 31, 2023

St. Petersburg Central Arts District

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## NE St. Petersburg 5/10K Year Round Walk St. Pete Pier 5/10K Year Round Walk

123518 2023/Y1143  
120522 2023/Y1717

**Start/Finish:** Register at GFS Food Service Store, 3131 4<sup>th</sup> St. (4<sup>th</sup> St Center), St. Petersburg, Pinellas Co., 727-821-1902. Box is on front window shelf by ice machine. NE walk starts from Marketplace. For Pier/Roser Park walk, you drive 3 miles to start at Demens Landing. Directions are on walk instructions. Parking in Demens Landing is limited to 2 or 3 hours.

**Directions:** From I-275S, take exit 25 for 38<sup>th</sup> Ave. N. Keep left at fork in ramp. Turn left onto 38<sup>th</sup> Ave. N.; follow it to 4<sup>th</sup> St. N. Turn right onto 4<sup>th</sup> St. N. From Sarasota and points south: heading north on I-275, take exit 24 for 22<sup>nd</sup> Ave. N. Turn right onto 22<sup>nd</sup> Ave. N.; follow it to 4<sup>th</sup> St. N. Turn left onto 4<sup>th</sup> St. N.

**Parking:** Park in 4<sup>th</sup> St. Center parking



**Point of Contact**  
Alice Lawrence  
727-542-9742  
pipers@tampabay.rr.com

**Year Round Dates**  
Jan 2-Dec 31, 2023

lot for registration and NE walk. You'll be directed to parking for St. Pete Pier walk.

**Time:** Mon-Sat: 7 a.m.-9 p.m.; Sun: 9 a.m.-8 p.m. Closed Thanksgiving, Christmas & New Year's Day.

**Trails:** NE route, rated 1A (easy) goes through commercial, park, & residential areas; it's okay for wheel chairs/strollers with assistance. St. Pete Pier 5K (doesn't go to Roser Park) is rated 1A. 10K route is rated 3B (hills, uneven surfaces), goes through historic Roser Park and may be hard for wheel-chairs and strollers.

**Special Programs:** NE: RaC; Pier: A. Both: PfC; USA—S.

**St. Pete Grand Prix:** Due to the race, walks cannot be done Mar 1-8.

## Safety Harbor 5/10K Year Round Walk

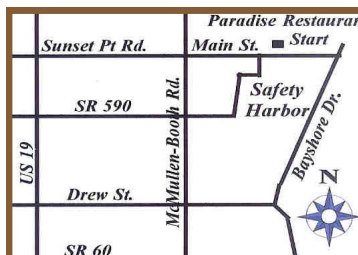
123517 2023/Y0661

**Start/Finish:** Paradise Restaurant, 443 Main St, Safety Harbor, FL, 727-725-1208.

**Directions:** From Tampa, take SR 60 west (towards Clearwater). Turn right on Bayshore Dr.; drive 2.5 miles to Main St (stop sign); turn left. Paradise is four blocks west on right. From north or south Pinellas County, take US 19 to Sunset Point/Main St. Go east 2.5 miles to restaurant on left.

**Parking:** Please do not use restaurant parking. Street parking is plentiful.

**Time:** Hours are Sun-Wed, 7:30 a.m.-3 p.m.; Thu-Sat, 7:30 a.m.-8:30 p.m.



**Point of Contact**  
Ann dela Fuente  
727-842-6328  
walkan2003@gmail.com

**Year Round Dates**  
Jan 2-Dec 31, 2023

The restaurant has different hours on major holidays; call 727-725-1208.

**Trail:** The rated 2B route is on sidewalks, roads and some steps. There is one steep hill. Walkers stroll on quaint city streets, along the serene Tampa Bay shoreline and through shady Philippe Park. With modification, walk is good for wheelchairs and strollers.

**Special Programs:** M, PfC, RaC, TH, USA—S, V.

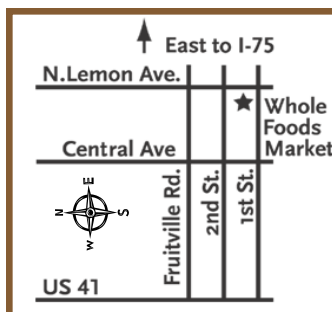


## Downtown Sarasota 5/10K Year Round Walk Sarasota/Lido Key 5/10K Year Round Walk

123529 2023/Y0486  
123530 2023/Y1509

**OSB:** These events have an online start box. Please go to my.ava.org to register. You will need to establish an account, sign a waiver and download the instructions. After completing the walk, check in at online finish table. You will be sent a stamped insert card.

**Special Programs:** Downtown: RaC, V; both Sarasota walks: PfC, USA—S.



**Point of Contact**  
Alice Lawrence  
727-542-9742  
Alicefennell@icloud.com

**Year Round Dates**  
Jan 1-Dec 31, 2023



## Tampa 5/10/20K Year Round Walk

123523 2023/Y0163

**Start/Finish:** The Barrymore Hotel Tampa Riverwalk, 111 W. Fortune St., Tampa, Hillsborough County. Registration box is at front desk. Water and rest rooms are available.

**Directions:** From I-275 N, use exit 44 (Downtown West); exit right onto Fortune St. (first right). From I-275 S, use exit 45A, Downtown East-West, & follow signs to Downtown West/Ashley St. Get in right lane and exit right onto Fortune St. immediately after crossing I-275 S.

**Parking:** Park in metered street parking.

**Time:** Hotel is open every day, 24

Map Data@OpenStreetMap Contributors



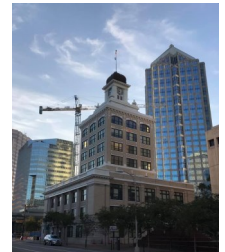
**Point of Contact**  
Michelle Devlin  
813-949-3504  
mjdev7@verizon.net

**Year Round Dates**  
Jan 1-Dec 31, 2023

hours a day. Regular hours start at 7:30 a.m.

**Trail:** Trail (rated 2A) is mostly on sidewalks. 5/10K route tours University of Tampa, Hyde Park dining and shopping area (not 5K), and Bayshore Dr. waterfront. 20K route includes Channelside District and Ybor City. Because the walk requires crossing a pedestrian bridge with stairs, walk is not recommended for strollers and wheel chairs.

**Special Programs:** PfC, M, RaC, USA—T, V.



## Tarpon Springs/Howard Park 5/10K Year Round Walk Tarpon Springs/Sponge Docks 5/10K Year Round Walk

122524 2023/Y0031

123525 2023/Y0815

**Start/Finish:** Bayou Café, 118 E. Tarpon Ave, Tarpon Springs, Pinellas Co., FL 727-514-2617. Water and rest rooms are available. For the Howard Park walk, you'll drive 4 miles to walk start after registration.

**Directions:** From Tampa, take SR 60 to US 19. Head north (right) about 15 miles to Tarpon Ave. Left on Tarpon Ave 1 mile to public parking lot on corner of Alt 19 and Tarpon Ave. From other points, take US 19 or Alt US 19 to Tarpon Ave.

**Parking:** Park in public parking lot on Pinellas Ave. between Court St. and Tarpon Ave. or on street. Please don't use café parking!

**Time:** Bayou Café is open 7 a.m.–2

Alt US 19 / Pinellas Ave.	Café	Tarpon Ave	SR 582	N
	Court St			
	Klosterman Rd		CR 880	
	Tampa Rd		CR 752	
	Curlew Rd		SR 586	
	SR 580	US 19		CR 611
	SR 60			

**Point of Contact**  
Bob Huffaker  
727-484-6628  
bobhuffaker09703@yahoo.com

**Year Round Dates**  
Jan 2-Dec 31, 2023

p.m., daily. Café is closed Christmas and New Year's Day. Café may close on other holidays, including Greek Orthodox holidays. Call Café to check.

**Trail:** Sponge Docks walk is through historic Tarpon Springs; Howard Park goes through a county park and to two beaches. Walks are on sidewalks, roads, & grassy areas. Trail ratings are 1A. A combined route can be done for 2 event/20K credit (to register and pay for both events). With modifications, walks are OK for wheel chairs/strollers. Pets aren't allowed on Howard Park beaches.

**Special Programs:** Howard Park: PfC; Sponge Docks: PfC, RaC, TH, V. Both: USA—T.

## Venice 6/10K Seasonal (Jan-Mar) Walk

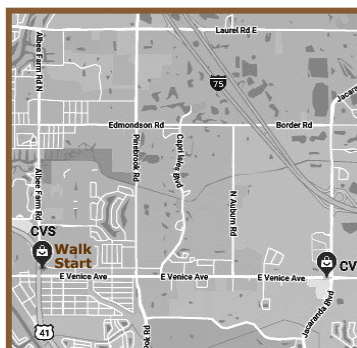
123521 2023/Y0206

**Start/Finish:** CVS, 100 U.S. 41 Bypass N, Venice, Sarasota Co., FL, 941-484-8814. Water and rest rooms are available. Ask for volkssport box at counter just to right of entrance.

**Directions:** From either north or south on I-75, take Exit 193, Venice/Jacaranda Blvd. Turn left from south, turn right from north. In about 0.75 mile turn right on Venice Ave. Go 3 miles (just before US 41) and CVS is on right.

**Parking:** CVS lot.

**Time:** CVS is open 24 hours, daily & most holidays. Call on major holidays for hour changes.



**Point of Contact**  
Frank & Cathy Edwards  
941-493-7030  
fwedwards@aol.com

**Seasonal Dates**  
Jan 5-Mar 31, 2023

**Trail:** Rated 1 trail is city walk through "old" Venice, along Venice Beach known for collectible shark teeth, and a delightful stroll on Venice Ave., with chic shops and sidewalk cafes. Walk is suitable for wheelchairs/strollers with alternative route.

**Special Programs:** PfC, USA—V, TH, V.



## Sandpiper YREs